

Learn-to-Sail Morning Programs

Creek Critters

These popular 1-week sessions are designed to introduce the youngest seafarers to fun in and around the water. Activities are designed to build confidence and include paddling, rowing, sailing, crafts, songs and otherwise “messing about in boats.”

Time: 9 a.m. to 12 p.m.

Ages: 5 – 6 (must be 5 first day of session)

Fee: \$175 Member / \$210 Non-Member

Dates: June 21, 28, July 5, 12, 19, 26, Aug 2, 9

Sea Squirts

This “Fun with Boats” course is geared toward younger children. This class is a fun opportunity to learn the basics of sailing and have fun in and around the water.

Time: 9 a.m. to 12 p.m.

Ages: 7 – 8

Beginner Opti

Course includes basics of rigging a boat, sailing fundamentals, basic boat handling, seamanship (knots, weather, etc.), water safety and sportsmanship.

Time: 9 a.m. to 12 p.m.

Ages: 8 – 11

Prerequisite: None

Beginner 420

Course will include basics of rigging a boat, sailing fundamentals, basic boat handling, seamanship (knots, weather, etc.), water safety and sportsmanship.

Time: 9 a.m. to 12 p.m.

Ages: 12 – 18

Prerequisite: None

Pricing for: Sea Squirts, Beginner & Intermediate Opti, Beginner & Intermediate 420 and Adventure Sailing

AYC Date/Fee Particulars:

Morning/Afternoon Class Dates:

Session 1: June 21 to July 2

Session 2: July 5 to July 16

Session 3: July 19 to July 30

Session 4: August 2 to August 13

Morning/Afternoon Class Fees: Member Non-Member

1 Two-week Session: \$395 \$495

2 Two-week Sessions: \$750 \$935

3 Two-week Sessions: \$1085 \$1360

4 Two-week Sessions: \$1400 \$1750

Learn-to-Race Afternoon Programs

Intermediate Opti

Designed for sailors who have completed the beginner-level Opti class, this course will focus on more advanced boat handling skills. By completion, sailors will be able to sail competently on all points of sail in most wind speeds.

Time: 1p.m. to 4:30 p.m.

Ages: 9 - 12

Prerequisite: Beginner Opti

Intermediate 420

This program includes basics of rigging a boat, sailing fundamentals, basic boat handling from both skipper and crew positions, along with introducing the spinnaker, seamanship (knots, weather, etc.), water safety and sportsmanship.

Time: 1 p.m. to 4:30 p.m.

Ages: 12 – 18.

Prerequisite: Beginner 420

NEW! Adventure Sailing

This NEW program is designed for sailors who have completed the beginner-level course in Opti and 420 and are NOT seeking the racing path. This course will focus on FUN sailing and boating, from sailing to kayaking. Participants will sail Open Bics, 420's, J/22's, row, paddle a kayak, sailing a J/22. We will also include general seamanship and navigation skills to round out our curriculum.

Time: 1 p.m. to 4:30 p.m.

Ages: 12–18

Prerequisite: Beg Opti, Beg 420, permission of staff



AYC Race Team Programs

Green Fleet Race Team

This program requires a solid understanding of Opti sailing and provides an introduction to Opti racing and equipment. Green Fleet coaches will cover all aspects of racing, on and off the water. Sailors will travel to local regattas. Boat ownership recommended, charters available.

Fee: Half Summer \$800 Member / \$960 Non-Member

Full Summer \$1350 Member / \$1625 Non-Member

Optimist Race Team

Sailors on the Optimist Race Team will work together to develop a team dynamic with the idea that no one improves without a challenge. Team will travel to local/regional and national events including USODA regattas.

Full Summer Only

Fee: \$1475 Member / \$1770 Non Member

420 Development Team

The 420 Development Team will sail AYC's Club 420's and focus on intro 420 racing themes. This is a perfect fit for Optimist sailors making the transition to the 420, and other sailors with less 420 racing experience. Sailors will travel to local events. Fee per sailor.

Fee: Half Summer \$800 Member / \$960 Non-Member

Full Summer \$1350 Member / \$1625 Non-Member

420 Race Team

The 420 race team will sail both AYC's Club and International 420's this summer. International 420's will be integrated into the program by the coaches at various points of the summer. Sailors will travel to both local and national-level events, including regattas such as Buzzards Bay, NAs etc.

Full Summer Only

Fee: \$1475 Member / \$1770 Non-Member

AYC Race Team Particulars:

- **Half Summer Begins:** June 21 or July 19
- **Racing Teams Practice:** Mon-Fri, 11 a.m.- 4:30 p.m.
- **Prerequisite for All Teams:** Jr. Sailing Director and/or Coach Discretion
- **Regatta entries are NOT covered by program registration fees.**
- **Coaching at CBYRA events is included in program fees.**
- **Additional costs associated for coach travel to non-local events for all Race Teams.**

2010 Summer Staff Bios

This year we welcome back several returning staff members and some new faces to our staff. All will provide our Junior Sailors with the best summer possible! Whether learning to sail or striving to cross the finish line first, our US SAILING certified instructors will make the summer safe and fun while they learn.

Adrienne Patterson—Head Coach

From Newport Beach, California, Adrienne has been sailing since age five. Coaching and teaching—especially sailing—has always been her passion, and she has years of experience working for Newport Harbor YC, Larchmont YC and as a private coach. During her four years' undergraduate work at St. Mary's College, she competed on the Varsity Team, participating in all four ICSCA Women's National Championships. In 2007, the women's team won the Women's National Championship and Adrienne had the honor of being named the Quantum Female Sailor of the Year. Adrienne received her Master of Arts in Teaching in June '08.

Jennifer Chamberlin—Green Fleet

Jen was born in Annapolis and grew up on the Eastern Shore. She has sailed since she was very young on her family's log canoe and in Tred Avon's junior program. Jen has taught sailing around the country and is an '09 graduate of St. Mary's College of Maryland, with a major in Economics. As a member of the Varsity Sailing Team, Jen earned 2 All-American Honors and 4 National Championships.

Tonie Domino—Sea Squirts

Tonie grew up sailing at Indian Landing Boat Club in Millersville. As part of the sailing team at Washington College, Tonie was a versatile member of the team and crewed in co-ed and women's events. She graduated from Washington College *summa cum laude* with a B.S. in Biology and minors in Chemistry and Psychology, winning the Doris T. Bell Award for the Female Varsity Athlete with the highest cumulative GPA. Tonie current attends Cornell Veterinary School. She brings to AYC her lifelong love of sailing and a decade of experience working with children of all ages in many different settings including time as a lifeguard, camp counselor, sailing instructor and nanny.



Important Dates

1/15	Registration Opens for Members
2/15	Registration Opens for Non-Members
5/14	Late Registration Penalty begins
6/18	Kick-Off BBQ for all Families
6/21	Program Starts
7/7	AYC Annual Jr. Regatta (Need Volunteers)
7/17-24	USODA Nationals, Deltaville, VA
7/19	Half-Summer Session ends
8/13	Junior Awards at AYC

Daniel Ryan—Lead Instructor

Dan is from San Carlos, California and grew up sailing on the San Francisco Bay in all different kinds of boats, big and small. He came to Annapolis after years of sailing program management. Dan's resume includes director of the Stanford University Summer Sailing Program and teaching for-credit PE Sailing classes to Stanford Students/Staff. In addition, Dan has coached Opti, Laser, FJ, 420 and high school sailing. A recent grad of UC Irvine with a BS in Management, Dan sailed on their Varsity Sailing Team.

Amanda Salvesen—Instructor

Amanda has sailed in the AYC Junior Sailing program since she was 10, first sailing Optimists and then in the Club 420 class. She has also sailed her family's J/105, *Mirage* cruising on the Chesapeake, New England and racing. Amanda is a senior at Severn High School where she has sailed on their sailing team for four years both as a skipper and a crew. Amanda will start as a Freshman at Yale this fall.



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2010 Summer Program

Get ready for a Summer of Fun!
The 2010 Summer Junior Sailing Program is just around the corner and registration is now open.

Online registration only.

For registration and required forms:

www.annapolisyc.org

Please apply early as programs fill up very fast.

Contact the Junior Office with any questions .
(410) 263-9267 or email Jay at

jkehoe@annapolisyc.org.

- Member Registration: Member's children and grandchildren only, opens Jan 15.
- Non-Member Registration opens Feb 15.
- Non-Refundable Cancellation fee of \$75 per session.