



# BAYCOMPASS

The Official Monthly Newsletter for Annapolis Yacht Club's Junior Sailing Program.

Volume 2 – Issue 6

## JULY 2010

AYC WORLD  
DOMINATION

Summer Sailing

420 Race Team

Optimist Race Team

Development Team

Optimist Green Fleet

Beginner Opti

Beginner 420

Adventure Sailing

Intermediate Opti

Intermediate 420

Creek Critters

Sea Squirts

## NEW ADVENTURE SAILING!!!

Kayaking

Windsurfing

Open Bic Sailing

J/22 Sailing

Fishing

Cruising

Seamanship

Navigation

**REGISTER NOW!**

## Summer Sailing in High Gear!



It may seem like just yesterday that the 2009 AYC Summer Programs came to a close and the last awards were given out at our annual awards banquet in August, but yet again the summer sailing season is upon us and WOW has it come in full force!

The AYC Summer Kick-off BBQ on June 18th allowed the sailors and par-

ents to finally meet the AYC summer coaching staff and really got the sailors excited for what sailing on the Bay had in store. With over 11 programs catering to sailors of all ages and skill levels it would be difficult find a better sailing and racing program on the Chesapeake!

Our Race Team Programs, which consist of the 420 Race Team, 420 Devel-

opment Team, Optimist Race Team, and Green Fleet Race Team have all gotten out to and amazing start and are now working towards their first regatta in West River. Coaches Adrienne Patterson, Patrick Clancy, Steve Barbano, Nicole Popp, Ian Duncan, and Keisha Pearson come from an array of racing backgrounds and college racing scenes that rivals any club coast to coast. As for our Learn to Sail and Learn to Race Programs which take place during the morning and afternoon hours respectively, coaches Courtney Alexander, Cassie Todd, Tonie Domino, Amanda Salvesen, Kelley Ortel, and Anne Megargel, work hard to give their sailors experience in sailing on the water that will keep them coming back for more.

## AYC Dominating on Both Coasts

July 5 -11 was an amazing week for Annapolis Yacht Club and its junior racers! Jack Ortel and his older sister Kelly Ortel competed in the US 420 Nationals in Long Beach, California hosted by California Yacht Club and placed 2nd overall out of 48 boats. Jack will be a senior this year at Annapolis High while Kelly is attends Stanford University in the fall.

As for our sailors back here on the East Coast, the Junior Olympics saw many top finishes by sailors at AYC. In the Optimist Fleet, Charlie Lomax, Kyle Schwitzer, and Emma White took 2nd, 3rd, and 4th respectively overall, clearly dominating the race course in every way. Porter Kavle competed in White fleet and really put the hammer down finishing in 1st place with nearly a100 point spread between the next boat! Green

Fleeters Louis Ripley, Caroline McNeil, and Harrison Koller made a tremendous showing finishing 2nd, 6th, and 7th respectfully out of 16 boats.

Debuting our new windsurfing program, Kyle Comerford came in a close 4th and had some of the other sailors thinking that maybe a change is in order.

Last but not least, the Club 420 Sailing class saw some competitive racing, but the AYC sailors showed that a little hard work goes a long way; Skipper Patrick Floyd finished in a strong 1st with Maeve White and Megan Yeigh coming in 3rd and 4th. Racers Elena Vandenberg, Austin Ortel, A.J. Libby, and Cassie Todd are showing tremendous improvement as the they are moving up the score board at each event.

**BAYCOMPASS**  
Junior Sailing

Is the AYC Jr. Sailing  
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## 420 Race Team

The 420 race team got off to a great start during week 1. The team has been focusing on downwind sailing with an emphasis on spinnaker sets, jibes, and sail trim. Favorable winds have also allowed for practice on the trapeze. Other activities have included starting drills, upwind and downwind speed testing, and a combined race day with Severn Sailing. It is essential to achieve well developed skills in flying the spinnakers in all wind strengths.

Next, the team plans to tackle boat handling on all parts of the race course. The team will also focus on fulfilling their goals of getting comfortable in the boat, understanding rig functions, and becoming physically prepared for any conditions.

Coaches Adrienne Patterson and Patrick Clancy are already seeing great improve-



ments in everyone's skills. Next week the group will begin team workouts as they progress towards the Junior Olympics on July 10 - 11. Physical training will include core, arm, and leg workouts as well as some cardio training.



## Optimist Green Fleet

The Green Fleet started the first week with a review of rigging, parts of the sail, safety, and the expectations the coaches have for them. The main focuses of this week were sail trim, weight placement, sailing and bailing, and the proper way to tack facing forward. The sailors impressed their coaches with their enthusiasm and eagerness to get on the water, ending the week with some much improved starts and windward return races. The skills introduced and reviewed this week will

better prepare the racers for their first three regattas next week on the Chesapeake.

## Beginner Opti

It has been an exciting first week in the Beginner Opti class! We have focused on the basics that will allow our sailors to get out on the water sailing on their own. Everyone is now an expert at rigging and derigging, and we have worked on teamwork as we practice taking care of the boats together. On the water, we have focused on steering a boat, body position in an Opti, tacking, and sailing upwind. Each sailor has had the opportunity to skipper a boat, and we have made great progress so far! Obviously, we also experienced a giant heat wave this week, but the sailors did a great job keeping a positive attitude and continued to bring energy to the activities every day – and games like “Bailer Wars” and “Rock Star”



helped keep everyone cool while still aiming to practice important skills. Next week, we aim to master sail trim, points of sail, and jibing; to introduce knots; and to continue to enjoy sailing and being out on the water – we look forward to another great week!

## Development Team



The Development race team is off to a great start to what I'm sure will be an awesome summer. The first day, we talked about the three basic components to become a good sailor: boat handling, tactics/strategy, and starts. The first thing we practiced was making sure we were disciplined in our approach to drills on the water, and getting into the habit of working hard on boat handling drills that start out the beginning of every practice. Tuesday, we worked on our roll tacks, dissecting the process step-by-step and working on rolling *much* later. Wednesday, we had a rules talk and I urged the sailors to review the rule book at home along

with trying to get their hands on a Dave Perry book to help them make sense of the rule book. On Thursday, we had a Race Day with some other 420 classes practicing regatta sailing and procedure. Finally, the team has been working towards self-reliance and preparation before coming to practice, including bringing e-tape, bailers, notebooks and rigging properly before going out. Next week, we will be starting to use trap and spin. We will be practicing using both and incorporating them into our already established drills. It has been a great week and I'm very excited to be working with this team this summer.

## Adventure Sailing



After one week on the water, Adventure Sailing is off to a great start! Great breeze every day so far has meant that we have been able to do lots of sailing in a variety of boats. Monday, each sailor took out an Open Bic, and we reviewed the basics of sail trim and points of sail to make sure that everybody was on the same page. On Tuesday, we had our first real adventure, traveling down past the Naval Academy bridge to take a swim break and cool down in the shade before a long upwind sail back to AYC. Wednesday and Thursday, we practiced in 420s joining in a race day with the Intermediate 420 sailors and the Development Team and

*Continue on page 4*

## Intermediate Opti



The first week of Intermediate Opti was a great experience for all sailors. Everyone passed their capsizing test with flying colors. The beginning of the week saw us refreshing our memories of rigging and sailing upwind. By the end of the week, everyone had mastered tacking upwind. Friday, we practiced our downwind skills with a gybe-on-the-whistle drill down to Truxton Park. Then we celebrated the end of the week with a swim break. Back onshore, everyone is rigging and de-rigging independently. This week, we will begin to practice boat handling. We're going to learn the proper way to switch the tiller through a tack, proper hiking technique, and sailing and bailing.

## Sea Squirts



The AYC Sea Squirts had an exciting first week! Shortly after getting to know each other, they began exploring the Annapolis waterfront, learning the basics of water safety, and getting out in the boats. The Sea Squirts instructors, Tonie Domino, Amanda Salvesen, and Nicole Popp, have been very impressed with the kids' positive attitude, eagerness to learn, and great improvements only in the first week. By the second day, the class mastered capsizing and steering and passed their swim tests with flying colors. We've never seen a class of kids this age with such an affinity for the water! On Wednesday, big breeze kept us in so we went on a harbor tour and practiced our new skill of towing.

*Continue on page 4*

*Adventure Sailing Continued from page 3*

represented Adventure Sailing very well, scoring a number of second places and a first by the end of the day! Friday, we had the opportunity to take out a J/22, and each sailor got to drive, crew, and relax as we cruised the bay (and tried to go faster than the *Woodwind*). We have been saving our kayaking and fishing trip for a day with less breeze, but it is certainly on the schedule for the coming week. We may also begin to work on the basics of navigation and seamanship and start learning the basics of windsurfing, depending on the wind. The Adventure Sailing class is already growing in size, and we're looking forward to another exciting week!

*Sea Squirts continued from page 3*

By Thursday, the kids were learning how to rig their boats by themselves and get out on the water by themselves. Friday was by far the most exciting day of the week because the Sea Squirts learned how to tack! The class seemed really excited by their new skill and made a lot of progress in perfecting it. With such an eager group of sailors, we are sure to see great things in the future. We can't wait for the weeks to come!

## Beginner 420

The first week of the summer session at AYC started off great. The beginner 420 class was enthusiastic about learning and were ready to have a fun time. On the first day, the class learned about the parts of the 420 dinghy and how to rig it, then we had a swim and capsize test to cool off. Tuesday, the beginning sailors learned and practiced steering the boat, and proper tacking tech-

nique. After rigging, we were able to get out on the water and begin sailing. As the week progressed, the heat began building quickly in the morning so we worked on rigging quickly as a group to get out on the water. The class learned about points of sail and proper sail trim with ease all the while building on new concepts on and off the water.



ite activity with some paddle boarding and swimming thrown in. A J22 was taken out on one particularly adventurous day, and supplemented with lots of pirate songs and a tour of the Annapolis waterfront. Bailer wars and sprit pole races were another challenge that taught teamwork and gave the sailors a little bit of friendly competition. Overall, everyone has gained

## Creek Critters

Creek Critters are off to a great start! The sailors have learned how to steer an opti, figure out where the wind is coming from, and most of all, have fun! Every sailor was able to master an eight-knot, and many put it to use on the water. Kayaking was another favor-

confidence on and around the water, and tons of enthusiasm has been brought to class each day!

## Optimist Race Team

The first week of RBW racing team went smoothly. With a new group of eager children, we started off with a BANG! We jumped straight into drills working on perfecting our boat handling and touching up on our roll tack techniques. We are constantly going over our 'checklists' both upwind and downwind in order to remind ourselves of the many things that need to be correct in order to sail fast. Our regatta schedule has been finalized (an interactive version can be found on our website [annapolisyc.org](http://annapolisyc.org)) and we plan to

attend the top USODA events. In order to be completely prepared for our regatta season, we workout as a team during the week. As the intensity of our practices increases, we become more aware of the need of stamina and endurance in sailing. We continue to work hard to uphold our reputation of good sportsmanship and teamwork throughout the Chesapeake Bay area. We are very OPTI-mistic about our upcoming season!



**Tuesday Twilight  
Sail**

**Races & Barbeque**

**July 20, 27,**

**Aug 10**

Come down around 5PM pm to rig and sail with your kids in casual races or simply some pleasure sailing.

**Tentative Summer 420 Racing Schedule**

<u>Date</u>	<u>Event</u>	<u>Location</u>	<u>Boat</u>
July 15	Chester River Annual	Chester River	Club
July 20-23	420 North Americans	Brant Beach YC	Club
July 30-Aug 1	Hyannis Regatta	Hyannis YC	Club
Aug 1-4	US Sailing Youth Champs	San Pedro YC	Club
Aug 9	Miles River Annual	MRYC	Club
Aug 10	TAYC Annual Junior	Tred Avon	Club
Aug 6-8	Buzzards Bay Regatta	Beverly YC	Club
Aug 9-11	Buckley Team Race	East Greenwich YC	Club

**Tentative Summer Opti Racing Schedule**

<u>Date</u>	<u>Event</u>	<u>Location</u>
July 15	Chester River Annual	Chester River
July 17-19	USODA Team Race Nat'l Champs	Fishing Bay RC Deltaville, VA
July 20	USODA Girls Nat'l Champ	Fishing Bay RC Deltaville, VA
July 21-24	USODA Open Nat'l Champs	Fishing Bay RC Deltaville, VA
August 3-5	USODA New England Championship	Sail Newport Newport, RI
Aug 9	Miles River Annual	MRYC
Aug 10	TAYC Annual Junior	Tred Avon

**Summer Junior Sailing Awards Celebration**

**Annapolis Yacht Club**

**Friday, August 13**

All junior program participants and their parents are encouraged to attend. Annual and special awards distributed at this event.

# July 2010

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17 USODA Team Race Nationals
18 USODA Team Race Nationals	19 USODA Team Race Nationals	20 USODA Girls National Champs Club 420 Nationals	21 USODA Fleet Race Nationals Club 420 Nationals	22 USODA Fleet race Nationals Club 420 Nationals	23 USODA Fleet Race Nationals Club 420 Nationals	24
25	26	27	28	29	30 Hyannis Regatta	31 Hyannis Regatta

## Upcoming IMPORTANT dates!

July 17-19  
July 19-25  
July 20  
July 20-23  
July 21-24

USODA Team Race Nationals  
Governor's Cup Match Regatta  
USODA Girls Nationals, FBYC  
Club 420 Nationals  
USODA Fleet Race Nationals

Fishing Bay YC, VA  
Balboa YC  
Fishing Bay YC  
Brant Beach YC, NJ  
FBYC, VA

Opti RWBG  
Gov Cup 21's  
Opti RWBG  
c420  
Opti RWBG



# August 2010

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2	3 USODA New England Championship	4 USODA New Eng- land Championship	5 USODA New England Championship	6 Buzzards Bay Re- gatta	7 Buzzards Bay Re- gatta
8 Buzzards Bay Re- gatta	9 Miles River Annual  Buckley Team Race	10 TAYC Junior Annual  Buckley Team Race	11  Buckley Team Race	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

## Annapolis Yacht Club Annual Regatta

We would like to extend a special THANK YOU to all the volunteers from Annapolis Yacht Club and the Junior Program who helped make this year's AYC Junior Annual Regatta run smoother than ever. Between registration, mark boats, committee boats, scorers, and those who donated their boats for use, we greatly appreciate it and could not have done it without you!

It is support such as this which truly does rank the Annapolis Yacht Club and all its endeavors among the best the Chesapeake has to offer

**THANK YOU!**