



The Official Monthly Newsletter for Annapolis Yacht Club's Junior Sailing Program. Volume 3 – Issue 4

BAYCOMPASS

JUNIOR SAILING

Summer Program Begins

125th Anniversary

Race Team update

Fall Sailing Information



SUMMER PROGRAM KICKS OFF

Over 300 registered!!

Every summer, parents are faced with the same issue: what to do with the children now that school is out. Luckily, many of you chose the perfect place to put them - in our sailing camp!

Our summer program consists of nine programs, all specifically designed to encourage a child to have fun and learn on the water with a group of children around his/her same age group and skill level.

Well, you can only imagine how our first day of camp sounded with over 80 sailors in attendance. High-pitched squeals, laughter, and of course many smiling faces were seen and heard that day. Here's how each class' first session went.

Creek Critters & Sea Squirts

Our first program, Creek Critters, is designed for five and six year olds to get them used to safety and being out on the water. Although they only have half day sessions, they fit in activities such as kayaking, sailing, swimming, and even some fishing. All of the kids thoroughly enjoyed the program and all left with smiling faces!

Sea Squirts is much like the Creek Critter program but for a little bit of an older age group (seven and eight year olds) who spend just as much time having fun and learning about the bay as the Creek Critters. -Charlotte Snow & Cassie Todd



Beginner Optimist

Watching the beginner Opti boats sail their last practice races before America's Cup Day (see next page), I could not believe how far our sailors have come since the first day. During the first week, we focused on the basics: proper rigging and derigging of an opti, steering with a tiller and points of sail and sail trim. We ended the week with a challenge day in which everyone showed off their skills, from the proper capsizing procedure to figure 8 knots that they had learned throughout the week. On Monday, we began to introduce racing, and sailors are now familiar with both windward-leeward and triangle courses and well as the three-minute start sequence. Everyone, instructors included, have enjoyed themselves and learned a lot over the course of the session. -Anne & Richard



Intermediate Optimist

The last two weeks have been filled with fun and learning. The first week, we spent reviewing the fundamental skills of tacking, gybing, and points of sail. After the kids successfully sailed upwind, they started learning more of what the tell tales meant and the basics of racing.

By the end of two weeks, all eleven kids could race around a windward-leeward course! We are looking forward to the rest of the summer! -Shannon Wilkins & Scott Houck



420 Development

The 420 Development class had a great first session! The sailors started out by breaking down the basics of what they already knew and quickly scrubbed off any rust that lingered from the off-season. The sailors then began focusing on improving their boat handling, with an emphasis on high school-worthy roll tacks. Over the course of the two weeks, we looked at everything from fast accelerations to favored-end starts. One of the sailors' favorite games (simply referred to as 'The Ball Game') rapidly became more and more competitive, eventually evolving into the team learning full three vs. three team racing, complete with mark traps, pass-backs, and plays. All the sailors also learned to master the hallowed game of 'Mafia' and many fun rounds were played in the morning! -Ian Duncan



SUMMER PROGRAM KICKS OFF

Over 300 registered!!

Adventure Sailing/ Better Boating

Our first adventure sailing/better boating session has kicked off with the kids focusing more on learning the fundamentals of being safely on the water rather than learning how to race. The kids learned all that they need to know to be able to pass their safe boating course. Along with this, they developed their sailing skills in a number of different boats such as Open Bics, 420s and the J/22. When the kids aren't in the classroom or out sailing, you can spot them paddle boarding and kayaking.

-Mike Carr



The America's Cup Premiere at AYC's Junior Sailing Camp!

Sails flashed with red, white, and blue decorations; sailors put on their lucky sailing gear; and all around fun was had at Annapolis Yacht Club for the first ever America's Cup Optimist day. Unlike the usual layout of the America's Cup, our beginner and intermediate Optimists went out for a fun afternoon of Windward- Leeward and Triangle fleet races. Another unusual aspect of our America's Cup regatta was that not just the sailing, but many other events were calculated into the results, such as boat decorating and the three-legged race.

The beginner and intermediate opti groups had a full day's schedule with check in beginning at 9am. Sailors enjoyed rigging races and boat decorating as well as a pizza lunch before everyone went out for the races.

It was great to see all of the parents who came to watch , take pictures, and see how much their young sailors have learned over the last two weeks!

We also had a great time at the award ceremony at the end of the day which included some fun paper plate awards that the instructors made for every sailor. Congratulations to everyone who took part and I can't wait to see how next week's turns out, hopefully this will be a junior fleet tradition!

Results:

Intermediate Optimist

1st Craig Martien

2nd Lucy Edwards

3rd Logan Arends

Beginner Optimist

1st Maddie Hawkins & Linnea Forsberg

2nd Abby Gendell & Rose Baganz

3rd Charlie Tower & Mason Howell



Not just great sailors, but great people!!



The U.S. Junior Women's Double-handed Championship is an open event. Racing took place on Barnegat Bay at the Green Island course... Trophies were awarded to the skippers and crew finishing in the top three places. US SAILING medals were presented to the top five finishing teams. Boo Devanny (Annapolis, Md. / Annapolis YC) and Amanda Wagner (Annapolis, Md. / Annapolis YC) received the C. Thomas Clagett Sportsmanship Award and Elena Vandenberg (Annapolis, Md. / Annapolis YC) and Lilli Salvesen (Edgewater, Md. / Annapolis YC) received the Most Improved Award.

Pictured from US Junior Womens Doublehanded Championship (from left to right) Boo Devanny, Amanda Wagner, Lilli Salvesen, Elena Vandenberg, Megan Yeigh, Cassie Stout, Cassie Todd

The U.S. Junior Women's Singlehanded Championship is an open event. Competitors are between the ages of 13 and 18... When six or more races have been completed, a boat's series score will be the total of her race scores excluding her worst score... Racing took place on San Francisco Bay in the vicinity of Southamptn Shoal... US SAILING Championship medals were awarded to competitors who finished first through fifth... Kaylee Schwitzer (pictured on right) received the C. Thomas Clagett Jr. Sportsmanship Prize.



Congratulations and Good Luck!!



Charlie Lomax and Evan Morgan will represent AYC at the Bemis U.S Junior Doublehanded Championship and Jack Ortel, Austin Ortel and Richard Karsten will represent AYC at the Sears cup (U.S Junior Triplehanded Championship). Both regattas will be held from August 9th- 12th at Toms River YC in Toms River, New Jersey. Congratulations and good luck to all of you!!!!

420 Race Team Update

The first two weeks of the 420 Race Team began with Steve, Fletcher and I focusing on boat handling and boat set up with the team. The three main differences between high school sailing and Club 420 racing are the additions of a spinnaker, trapeze and adjustable rig.

“The first two weeks went very smoothly, the kids showed initiative to learn and were excited and ready to sail. The improvements have been vast and we are all looking forward to seeing our hard work pay off up north!” - Steve Barbano

We have spent time measuring mast rake in the parking lot to develop and test different settings on the water. We have had days with enough wind to sail with trapeze and have been focusing on spinnaker boat handling. With these basics under our belts, we are looking forward to refining our boat handling and working on tactics in the upcoming weeks. -Melissa



Virginia State Championships

The Virginia State 420 Championship is an annual regatta hosted by a different yacht club each year. This year, Fishing Bay Yacht Club in Deltaville, Virginia hosted the event. The teams arrived in Deltaville on Friday, June 24, and left Sunday, June 26. Even though Annapolis Yacht Club was the only representing members of the 420 fleet, we were still able to make the most of the regatta and learn a lot, all while having a great time.

The team bonded while spending quality time in the camp site on the yacht club grounds, where most of the team stayed. This area, named “tent city”, was one of the many highlights to the weekend. The fun atmosphere was helpful in settling frazzled nerves from frustrating sailing conditions. Light and shifty wind made it hard to decipher the conditions which made it difficult to make a solid plan for each race. The top three finishers of the event were Pat Floyd and Harrison Hawk, Elena Vandenberg and Lilli Salvesen, and Charlie Lomax and Evan Morgan, all of whom were from AYC.

- Steve Barbano

Maryland State Championships

Maryland State 420 Championship was hosted by Rock Hall Yacht Club on June 30th. As usual, we unloaded in Rock Hall’s wide open field. The AYC 420 Race Team was two weeks into the practice program at this point, so we were more confident with our skills going into this event. The 420 fleet consisted of members from AYC and SSA, making it seem like an ordinary day on the bay. The conditions were light and shifty once again, so our focus was on light air boat speed and staying focused throughout the day. Staying hydrated and eating a lot of food was key for maintaining focus and achieving results. AYC earned the top two finish positions with Elena Vandenberg and Lilli Salvesen winning, and Pat Floyd and Harrison Hawk getting second. The team had a great time and look forward to the regattas ahead. - Steve Barbano

West River Sailing Club Junior Regatta

On July 5, 2011, the 420 Race Team headed down to West River Sailing Club for their annual junior regatta. We had a typical morning with the team rushing to get 6 boats off the monster trailer in time to register and listen to the skippers meeting.

After the skippers meeting, racing was postponed on land due to lack of wind, until around noon when a nice southerly breeze filled in. The kids were all excited to finally go racing! The racecourse was set out towards the mouth of the West River. The races were short, which meant very close racing for all the competitors. All 10 teams learned the importance of sticking to the high lane on reaches to prevent other boats from rolling them, also at the same time sailing towards the gybe mark not away from it. In the end, the race committee was only able to get off 4 races due to lack of time.

Annapolis Yacht Club Junior Regatta

On July 6, 2011 the Annapolis Yacht Club held its annual junior regatta. We had our whole team competing at this event! Racing was once again postponed after the skippers meeting on land, but not due to lack of wind but the threat of thunderstorms! Once again around noon, the competitors were told to leave the dock and head out to the racecourse. The 420s were racing in front of Bembe Beach, with the breeze coming from a Southwesterly direction initially. This proved to be very shifty and puffy throughout the initial races. The key to success with this breeze direction was to go left. As the day went on, the wind continued to shift left all the way to a southeasterly direction where it grew to around 10 knots. This is when the sailors had the best racing of the regatta! The team had a fantastic result, with a majority of the sailors in the top 10! -Fletcher Sims




Optimist Race Team Update

The first two weeks of Green Fleet at AYC have been awesome! Coaches Jack and Amanda have been so impressed with the high level of competition in a beginning racing class. Watching these kids imitate and learn from each other is the most rewarding aspect of having a diverse class and, in just two short weeks, each racer has improved immensely. In week one, we reviewed upwind and downwind sailing and worked on our tacks and gybes as we got to know one another. At the end of the week, we learned the rules of racing and talked about courses they might see in regattas. Their favorite drill was the box drill where they had to use the rules to push each other out of a box without contact. In the second week, we began preparing for Maryland State Champs by learning basic starting strategies and practicing with the shrinking start in which sailors were “out” if they sailed to leeward of a coach boat below the line. We are really looking forward to seeing these promising racers compete against the other bay sailors in the three regattas of Annapolis Race Week next week. - Amanda Salvesen



Virginia State Championships

The Opti race team started off their summer at Fishing Bay Yacht Club sailing in the Virginia State Championships. We had six sailors attend with very light wind conditions. They started out a little slower than they would have liked but were figuring out the shifty wind conditions very well by the end of the regatta. -Nicole Popp

Coaches and parents alike were thrilled to return to Fishing Bay for the VA Commonwealth Champs after spending 10 days there for Opti Nationals last summer. Though we had only one participant in Green Fleet, Connor Kavle, the regatta was a valuable opportunity for him to improve his racing skills with some one-on-one coaching. Though he went into the regatta with only one week of sailing this summer under his belt, he performed very well, winning two races of the seven and never finishing worse than third. “I was really happy to get my first first!” Connor said, grinning from ear to ear as he got off the water on the first day. Though tied for first after day one, he pulled away from the competition on the second day. Though we only had one Green Fleeter, we are really excited to see more sailors out racing at the regattas to come, especially if the learn as much as we did in Fishing Bay -Amanda Salvesen



Rock Hall Junior Regatta

RWB had 11 sailors attend this regatta and encounter some tricky conditions. Luckily that week in practice we had talked about windshifts and practices in some area of the bay that taught them a lot about how to play shifty conditions. We worked on having good mark roundings and not getting stuck on the outside of pin wheels. Our highest place finisher was Nick Salvesen who came in 21st place, with Evan Yeigh in 26th place, and Kimmie Leonard also placing in the top 30 coming in 29th place.

-Nicole Popp




BAYCOMPASS
UPCOMING REGATTAS

420 Race team schedule

July 29th– 31st

420 Hyannis Regatta Hyannis, MA

August 5th– 7th

Buzzards Bay regatta, New Bedford, MA

August 9th

Tred Avon YC Junior Annual, Tred Avon, MD

August 13th & 14th

Tred Avon Oxford regatta, Tred Avon, MD



Optimist Race Team Schedule

July 29th-31st

Optimist New Englands, Marion, MA

August 8th

Miles River Junior Annual, Miles River, MD

August 9th

Tred Avon YC Junior Annual, Tred Avon, MD

August 13th & 14th

Tred Avon Oxford regatta, Tred Avon, MD



PRESENTS

JUNIOR SAILORS SAFETY AT SEA

WEDNESDAY, August 17, 2011 0800-1730

ANNAPOLIS YACHT CLUB

Butler Bldg – Sailing Center

Ages 12 to 18

FULL DAY INTRO. TO BIG BOATS

ABOARD 35-42 FOOT BOATS

Three Separate Teaching Groups

1. Beginner dinghy 2. Intermediate 3. Advanced

GOAL: Sail + Race now with Storm Trysail on the Bay

Offshore deliveries and Racing

Certificates recognized by U.S. Sailing

**0830 - Short movie on Man Overboard Prevention and Recovery plus lecture
and demonstration on safe use of large winches and gear – teamwork.**

1000 - Instructions aboard assigned boats at pier

1. LIFE RAFT inflation demonstration

2. Practice handling big boat winches and lines

3. Man overboard recovery demonstration

4. Reefing sails drills

**1100 - On the water training and then a short race with gift certificates for the
crew on winning boat**

1730 - Possible racing in AYC's Wednesday Night Series

FEE: \$25.00

**Includes Logo Tee Shirts, light breakfast, box lunch, Pizza party,
prizes, raffle, certification**

INFORMATION – stc.ches@gmail.com

AYC Celebrates its 125th Anniversary



Annapolis Yacht Club spent a weekend celebrating its 125th anniversary from June 24th– 26th. A special event was put on at the Junior fleet building that was definitely enjoyed by all.

We had a day filled with events for all ages on and off the water including some close Harbor 20 and Herreshoff 12.5 races as well as a kayak scavenger hunt, a giant waterslide, Marlinspike contest, rope toss, fishing contest, and a barbecue. These contests were fiercely battled but winners were eventually picked in two different categories, under 14 and over 14. A barbecue manned by our able staff and a short awards ceremony followed by the internment of a time capsule completed the day with everyone taking home something special, whether it be a trophy or just a great memory with friends and family.



With every end, comes a new beginning....

Thank you SO much for your incredible generosity and lasting memories. For the longest time, it only felt as though I would be leaving a job here at AYC and in all honesty, believed it would be quite easy, however now that my last days have come and gone I have come to realize that I will be leaving much more than that. As I left the west coast, I knew that I would be leaving all my friends and family behind, but never would have guessed that I would be leaving an even larger group of friends and family now. However I'm incredibly excited to follow you all as you succeed in your endeavors.

Challenging at times, you parents are the most dedicated and unwavering group I have and will probably ever meet. You pushed me and demanded from me when it needed to be done and at the same time offered your help unconditionally. Know that I truly enjoyed coaching your sailors,

learning about who they are, and just maybe pass on a bit of my experience to them. They absolutely are an incredible group of young people and I have the utmost respect for them.

Sailors, while you are finally free from my nagging and constant irritation, know that I still expect from everyone nothing less than your best as Katrina and Steve transition into their new roles here at AYC, and if the moment comes when you must question what to do, simply ask yourself, "what would Dan do?" 😊. I will truly miss watching all you Junior Sailors not only progress in your sailing, but grow up as young men and women. I hope that I have left some sort of positive impression on you and believe me when I say that I had an absolute blast while I was here and that my most memorable experiences have come from coaching and traveling with you for the past year-and-a-half. As I will soon be on

the west coast starting a new chapter of my life, if any of you need to contact me for any reason whatsoever, I am more than willing to make myself available to you. Plus, now you all have a coach on the west coast when you need one!

For anyone who might want to contact me or keep in touch I have included my permanent email address and contact number at the end of this email. I also know that Katrina and Jay will have my information on hand so you can ask them as well.

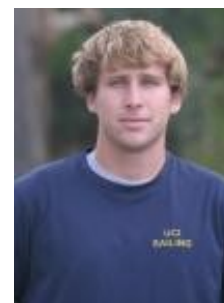
It truly has been a tremendous experience out here and I wish everyone the best of luck.

Regards,

Daniel Ryan

cdanielryan@gmail.com

(650) 400-4484



Welcome Aboard Katrina!

SAILING SAFETY UPDATE

Sailing goes hand in hand with safety here at our AYC summer program, which leads us to explain a few steps we have taken to update our safety features here at the Annex as well as out on the water:

Each coach boat is equipped with Felco wire cutters and Safety knives. Coaches complete radio checks to the office VHF every time they head on out the water to test and maintain good communication. An AED has been placed on Mark One coach boat with a Velcro mounted Pelican waterproof case in an obvious location identified with an AED sticker. Each instructor is up to date on CPR and First Aid Certifications. We have taken these steps to ensure every sailor's safety whether or not they are in our program. We are constantly looking at new ways to keep our program up to date on safety issues.



Well, how can I start this in any other way than saying that I couldn't be happier to have the opportunity to join AYC to coach and spend time with all of your kids! Over the last couple of weeks, I have gotten to know way too many people to count, not just sailors and parents but grandparents and family friends—all sorts of great people.

Now that I know most of you, I will give you a little bit more about me. I grew up sailing in Bermuda (yes, we do accept houseguests!!) and began racing Optimists at age 11. I started sailing so I could finally beat my older brother at a sport and from the second I started racing, I knew that it was what I wanted to do every spare minute

After I grew out of Optimists, I started racing Laser radials competitively and qualified for three ISAF Youth World Championships, although I only attended two, one in Madeira, Portugal and one in Gdynia, Poland. I sailed at many other US regattas, New Englands, ACCs, and Orange bowls as well as sailing at the Pan American games in Rio De Janeiro, Brazil. In 2006 and 2007 for my effort and results on the water, I was awarded the Omega Female Sailor of the Year in Bermuda, which were the only two years they have deemed a female recipient worthy of the title.

In the fall of 2006, I started at Old Dominion University as a Sports Management major with a dual minor in psychology and marketing. I sailed all four years on the Varsity team (both co-ed and women's teams). In those four years, I qualified and sailed at six national championships as well as the co-ed fleet race nationals my senior year. My highest placing in singlehanded nationals (Radials) was third and in fleet race nationals (420s), I placed second.

During college, I also began sailing on the Elliott 6m's with two other Bermudians and flip flopped between middle and bow positions. Our match racing campaign was short-lived (both of them went on to start families since we stopped racing) but allowed us to compete in Kiel Week and the Sail for Gold Regatta in 2009. It also helped me gain a lot more insight to match racing and everything it entails. I hope this helps everyone get a better picture on my background. If you have any questions feel free to stop by or email me.

-Katrina Williams



2011 AYC Fall Optimist Programs

Optimist Green Fleet

Practice: Sunday ONLY 9 – 4pm

Price: \$240 (member of AYC/Jam) \$340 (Non JAM)

Start: August 27th

End: November 27th

Includes: Coaching on Sunday, trailering to local regattas, coaching at local regattas.

Does NOT include: Transportation costs to ACC’s, Southeast Champs, and coach lodging at away events.

Red, White, Blue Optimist Race Team

OPTION 1 – Two Day Practice

Practice: Saturday & Sunday 9 – 4pm

Price: \$480 (Member of AYC/ JAM) \$580 (Non JAM)

Start: August 27th

End November 27th

Includes: Coaching Saturday & Sunday, coaching at ACC’s, Southeastern Champs, Halloween Howl, Mid Winters and Orange Bowl (if we have 5 or more sailors attend), and trailering to local events.

Does Not include: transportation costs to ACC’s Southeast Champs or Coach lodging at away events. (These fees are extra and will be divided amongst all sailors in attendance.)

OPTION 2 – One day practice

Practice: Saturday or Sunday 9-4pm (must chose one day)

Price: \$312 (member of AYC/JAM) \$370 (Non JAM)

Start August 27th

End: November 27th

Includes: Coaching on Sunday, trailering to local regattas and regatta coaching on the day you have signed up for

Other fees: A \$65 (non member) \$55 (member) fee will be charged per regatta day.

Does NOT include: Transportation costs to ACC’s, Southeast Champs, or coach lodging at away events. (These fees are extra and will be divided amongst all sailors in attendance.)

Optimist Fall Race Schedule

<u>Date</u>	<u>Regatta Name</u>	<u>Location</u>
September 11th	Annual Pumpkin Patch Regatta	Corsica River, MD
September 23 rd -25 th	Atlantic Coast Championship	Essex, MD
October 8 - 10	USODA Southeast Championship	Marco Island, FL
October 23-24th	AYC Annual Halloween Howl	Annapolis, MD
Dec 26 – 30	Orange Bowl youth Regatta	Miami, FL