

The logo for the Annapolis Yacht Club Junior Sailing program. It features a red pennant flag with a black and yellow checkered pattern on a white pole, positioned above the text. The word "BAYCOMPASS" is written in large, bold, red capital letters. The words "JUNIOR SAILING" are written in smaller, black capital letters, centered between the "Y" and "C" of "BAYCOMPASS".

BAYCOMPASS

JUNIOR SAILING

The Annapolis Yacht Club Junior Sailing Newsletter – January 2009

AYC Qualifies at the Orange Bowl Regatta

AYC sent eight teams down to Orange Bowl at the end of December. The sailors left Annapolis on Christmas night, and arrived in warm and sunny Miami. We had one day of practice, and four days of racing. The first day of racing had the most breeze, about 15-18, and we completed three races. By the second day, the wind was a little lighter, around 10-12, and sailed four races. There was an on shore postponement the morning of the third day until noon, and by 2 pm, racing began. Only two races were sailed, in light breeze. The fourth day of racing looked to be light, and was going to shut off after the first race. By the third and final race, everyone was out on the wire enjoying the breeze. This year there were 113 420s sailing in four fleets, and the race committee was able to complete the whole rotation of 12 races.



This year Orange Bowl was the pre-qualifier for Youth Worlds, and the top nine age eligible male and female boats qualified for Youth Worlds Qualifier in Long beach, CA. The level of competition this year was very high, and many sailors were sailing to qualify. It came down to the last race to determine the qualifiers, and the difference between qualifying and not was just 2 points. Scott Houck, Jack Ortel, Fletcher Sims, and Brady Stagg qualified. There are also three teams from CISA and four teams from LISOT attending the qualifier January 16-19.



- 15) Scott Houck/Jack Ortel
- 16) Fletcher Sims/Brady Stagg
- 33) Alex Ramos/Reid Baldrige
- 66) John Andril/Alex Sullivan
- 84) Katie Andril/Caitlin Goodrich
- 87) Dave Schellie/Alex Boggs
- 91) Kaylee Schwitzer/Courtney Alexander
- 96) RJ Bay/Katie Scheidt

Opti Spring Sailing

Coaching: Jay Kehoe, John Loe, and Ale Sole (Easter Clinic)

Regattas: Valentine's Day, Team Trials, Easter Clinic (Thurs.-Mon. of Easter Weekend) and 2 away regattas to prepare for Team Trials.

Practice: Spring practice begins on February 27.

RWB:

Friday 1530 – 1830

Saturday 0930 – 1630

Sunday 1300 – 1700

Development Team (Fall's Green Fleet)

Wednesday 1530 – 1830

Sunday 1300 – 1700

Summer Staff Bios

Here are some of the biographies of our summer staff.



Joe Morris – 420 Race Team Coach

School: Yale 2012

Coaching: 4 years (2 with AYC)

Hometown: Annapolis

Joe started sailing age 7, and has grown up sailing in the AYC junior program. He has raced optis, 420s, 29ers, I-420s, J22s, and laser radials. Joe was Severn School's sailing team captain for 3 years. A four time national champion. Joe is now partaking in collegiate collegiately, and will be sailing 470s in Germany and Denmark when not coaching this summer.



Willie McBride – 420 Development Team

Santa Barbara, California

University of California at Berkeley

Willie will be 18 this summer, and has been sailing for the last 8 years. A Santa Barbara (So Cal) native, Willie will be going into his sophomore year at Cal, Berkeley where he studies engineering, and is the A skipper on the sailing team. After learning to race double handed boats on the 29er, he carried his crewing skills over to the 420 and has finished in the top four at the International Orange Bowl, the C420 North Americans, and two C420 Midwinters. His favorite sailing experience was at the ISAF Youth Worlds, where he represented the US in the boys, double handed discipline. In the last year, Willie has run practices for his college team, in addition to coaching several bay area, high school sailing teams. When he is not sailing or studying, he practices mixed martial arts, and enjoys hanging out at the beach. Look for him this summer after youth program hours, rigging up in the boat park to go practice with AYC's Joe Morris for their 470 campaign.



Dave Schellie – 420 Development Team

Graduating Severn School in June

Roger Williams Class of 13

My hometown in McLean Virginia

This is Dave's first year coaching sailing. His sailing experience includes optis, and two summers of race team experience. He has also sailed on J105s since and was ten, and sails for the Severn School Sailing team.

CISA Clinic: 2009 Advanced Racing Clinic

[CISA Advanced Racing Clinic](#)

Applications accepted NOW until February 1, 2009.

The 2009 Advanced Racing Clinic will take place April 4-7, 2009.

The program will consist of lectures and on-the-water drills including tactics, strategy, sail trim, boatspeed, etc., together with information on what is important for developing a successful Olympic campaign.

This clinic will be held in Lasers, Laser Radials, Club 420s, International 420s, Club FJs, and 29ers. Some boats may be available for charter to out-of-area applicants. (charter fees additional)

Applicant must be 13 years or older and a current member of U.S. Sailing Association. Selections will be based upon the sailor's resume as displayed on the CISA Clinic Online Application. This is an intense, high-level clinic. Space will be limited.

[2009 CISA Clinic Schedule](#)



Interviews with Local Pros



We had some of our top junior sailors interview local sailors. Scott Houck and Jack Ortel developed so great questions for Terry Hutchinson. Terry is 2008 Rolex Yachtsman of the Year, and earned this from his many accomplishments including tactician on Emirates New Zealand America's Cup Boat and tactician on *Barking Mad* a Farr 40. He then switched to sailing TP52s, where he won the Audi MedCup Series and the TP52 World Championship. He won Sperry Top-Sider Annapolis NOOD Regatta and Melges 24 North Americans. He also finished third in the Melges 32 Gold Cup. He is a two time College Sailor of the Year and a four time All-American.

1. At what age did you start sailing, and what boat did you first begin learning in?

I started at age 4 in my dyer dinghy but junior sailing started in a 420, then to a laser and back to the international 420

2. How did you begin your professional sailing career?

I started as a professional sailor straight out of college being employed by a sailmaker. From there I worked towards the America's Cup where in 1998 I was hired by America One for the 2000 AC and Louis Vuitton cup. From there it stemmed into a full time job.

3. What did you do as a junior sailor that helped you become the professional sailor that you are today?

I trained a lot and experienced a lot of different regattas before college. I competed in two U.S. Youth championships in Lasers and three in Laser 2's. I also competed in two 420 World Championships that helped teach me the importance of preparation and practice.

4. Over the years, what are the most important things that sailing has taught you?

That commitment to a goal is worth it when you achieve the goal. Also, if it was easy everybody would be doing it so don't be discouraged by not succeeding the first time.

5. Looking back on your junior sailing career, if you could do anything differently, what would it be?

Nothing... I would encourage balance in your life as a junior sailor. By that I mean don't do too much and experience different sports. I sailed 4 months out of the year until I was 15 years old and that kept me enthusiastic about the sport. Learning a couple of different sports allows you to apply what you learn from coaches in basketball, lacrosse, football, or soccer to your sailing.

6. How do you prepare for a big event?

Proper planning avoids poor performance. This means that I look closely at the venue, identify my weakness a year prior to the event and then chip away at the work list leading into the event. I also understand all the things that I can control and make sure that they are covered. That will lead to good preparation.

Upcoming events

April 9 – 11: US Sailing Advanced Women's Clinic (420) – Annapolis YC

April 25 – 26: Advanced Opti Team Trial Practice – Annapolis YC

April 30 – May 3: USODA Team Trials – Darien, CT

June 25 – 30: US Youth Champs (420) – New Greenwich, CT

July 6 – 11: Ida Lewis Regatta (420) – Hampton, VA

July 18 – 21: USODA Team Race National Championship – San Pedro, CA

July 22: Girls USODA National Championship – San Pedro, CA

July 23 – 26: USODA National Championship – San Pedro, CA

July 24 – 27: Hyannis Yacht Club Regatta – Hyannis, MA

July 29 – 31: C420 Nationals – Jamestown, RI

August 3 – 5: C420 Team Race Nationals – E. Greenwich, RI

August 4 – 6: USODA New England Champs. – Newport, RI

August 7 – 9: Buzzard's Bay Regatta – New Bedford, MA

August 10 – 12: Sears/Bemis/Symthe Regatta – Marblehead, MA

August 13 – 16: C420 North Americans – Holland, MI

