



The Annapolis Yacht Club

Junior Program Manual 2008/2009

RULES & RESPONSIBILITIES

The Annapolis Yacht Club will:

- Provide leadership and administrative support through its Jr. Sailing Program, its coaches, and director
- Provide sailboats and support craft in good condition
- Hire and supervise coaches of superior capability and personal integrity
- Provide class room facility for instruction and team meetings
- Sponsor organizational meetings and regattas to promote High School Sailing
- Promote a safe and positive environment for young people
- Uphold the rules & responsibilities and legislate disciplinary action as necessary

NOTE: Not included in AYC or Coach Responsibilities is the travel planning and organizational requirements related to Regatta participation by the sailors. AYC will be responsible for Coach travel. Team Member travel is the Team's Responsibility. The Coaches and Director are happy to offer advice and assistance in this regard, but the ultimate responsibility rests with the team.

The Coaches will:

- Lead the teams through rigorous practices with attention to the safety of the sailors
- Make all selections with respect to team positions (Varsity/JV), event participation and practice partners
- Provide the highest standards of instruction and example for the sailors
- Treat each sailor with respect and attention, without regard for personal preference or prejudice and promote teamwork and individual growth
- Provide direction and discipline at all times
- Report to the Jr. Sailing Director and Management of the Club, not to parents or schools
- Ensure that all equipment and facilities in as good condition as possible for the sailors use.

The Sailors will:

- Accede to all decisions and direction in order to promote the team and Club
- Arrive on time, ready to sail and be free of alcohol and drugs in the program
- Rig, Sail and Cleanup to the best of their ability at all times
- Treat their teammates, parents, coaches and competitors with respect
- Not engage unsportsmanlike like conduct, physical contact, harassment, or abusive behavior
- Treat all Club equipment and facilities with care and respect and will be held financially liable for their actions, if damage is the result of negligence

Failure to abide by the above will result in disciplinary action ranging from suspension to expulsion from the program without a refund.

The Team Captains will:

- Will be selected by their team with the approval, and assistance, if requested, of the Coach and Jr. Sailing Director.
- Will be responsible for assisting with communication to team members
- Will be responsible for making sure the team's boats and other equipment are put away properly. The Team Captain will take the necessary measures to ensure that all boats and equipment are in good condition.
- Will provide leadership for the team and be a mentor/instructor to the younger members of the team. This includes making new members familiar with all the logistics and organizational requirements associated with travel to regattas.

Parents of Sailors will:

- Provide whatever support to the program they can within their means, including chaperone responsibility, financial assistance, leadership of regattas, etc
- Support the Sailors with guidance and logistical support to enable them to compete, while maintaining their academic and physical well being
- Support the coaches in their daily decisions, refraining from undermining the authority of the Coaches and Club
- Promote in their words and actions the common goals of the team over the individual goals of a sailor
- Refrain from coaching at regattas

The Schools will:

- Provide support commensurate with the team at either the club or varsity level
- Provide a faculty or staff member for liaison with the Coaches and Program to integrate the school's objectives and policies with those of the team and Program
- Promote sportsman like conduct at all times and support the Coaches
- Promote their team to attract and retain the most exemplary student athletes
- Provide scheduling or logistical support to allow Sailor athletes to compete to the best of their abilities within the academic calendar