



# 2024 AYC Hangover Bowl

January 1, 2024

Organizing Authority: Annapolis Yacht Club,  
Annapolis, Maryland, USA

<https://www.annapolisyc.com/racing/regattas>

## NOTICE OF RACE

### 1 RULES

This is a fun race. Don't be too serious. Smile - even if you are hungover. If you need more details, see The Racing Rules of Sailing (RRS). If it is not mentioned here, honor the rules for the Frostbite Series. Have 3 people aboard. They should be big enough and skilled enough that if one of you falls overboard - the other two can stop screaming long enough to figure out how to get the swimmer back aboard.

### 2 COMMUNICATIONS

Listen to Taran. She'll be on VHF 72. That's a radio channel. Don't forget your radio.

### 3 ELIGIBILITY AND ENTRY

All participants in the 2023-2024 Frostbite Series are invited. The bar will be open and blue drink tickets will be honored, so will your AYC member number if you have one. Natch.

### 4 FEES

None, nada. Even the pizza is on us.

### 5 SCHEDULE

Registration kicks off at 1100 followed by the Skippers' Meeting at approximately 1200 in the Skipjack (lower level) at the AYC Clubhouse, 2 Compromise Street. First warning signal at 1300. After racing, the bar will still be open and we'll have complimentary pizza. As in free, no charge, gratis...meaning blue tickets for drinks only, not the pie.

### 6 SAILING INSTRUCTIONS

We might post them on the event website ahead of time BUT the PRO's briefing is well worth the trip to the skippers' meeting and face it, bartenders get lonely when you don't visit.

### 7 THE COURSES

Some mix of inflatable marks, government marks, and a few docks. Do your best to not hit ANY of them. Bad way to kick off the new year.

### 8 PENALTY SYSTEM

Be nice. Don't hit each other. Do NOT do turns if you foul someone. Do fill out the penalty form after the race.

### 9 SCORING

One race. Finish order for one-designs. Time-on-time for PHRF and ORC boats. Hangover Bowl scores will be reflected on the Hangover Bowl notice board located at <https://bit.ly/2024HB>

### 10 CONTACT WITH MOORED BOATS

Don't hit anchored, moored or docked vessels. They are hungover too and we do not need instances of creek rage.

### 11 DOCKING

You can tie up on any AYC dock. Not our neighbors. And not in someone else's slip (particularly if they are in it).

### 12 PRIZES

Did we mention pizza? We'll have some more awards, but you need to come to the Frostbite Awards party in March to find out what they are!

### 13 FURTHER INFORMATION

Ask Linda- she may get around to answering you: Linda Ambrose,  
[lambrose@annapolisyc.org](mailto:lambrose@annapolisyc.org), 410.858.4964