



**2024 AYC Hangover Bowl  
January 1, 2024**

Organizing Authority: Annapolis Yacht Club,  
Annapolis, Maryland, USA  
Event Website: <https://bit.ly/2024HB>

**SAILING INSTRUCTIONS**

Brought to you by the ~~soberest~~ (whomever we could rouse), members of the AYC Race Committee.

These sailing instructions pertain to the race. We assume you already know the basics of sailing, like PEGF (pointy end goes first), RRR (red, right, returning), YOR (your other right [anything]), HTL (hurl to leeward), COE (comb over effect) and don't get your rudder stuck in the mud.

**Rules:** We are trying to be fully compliant with current DOJ directives. (We make them up as we go.)

**Entries:** Registration kicks off at 1100 in the Skipjack (lower level) of the AYC Main Clubhouse. You must be present and awake to win.

**Slurpers Meeting:** Around 1200. That's when both hands point straight up on the clock. Oh we know, we know..digital is so old school but we've been doing this a really, really long time.

**Notices to competitors:** The RC is not in a condition to notice any competitors, but if we do, we will do so at the Sk'ppers Meeting or on the radio during the race.

**Changes to Sailing Instructions:** Only when necessary to confuse the competitors and hopefully the judges.

**Signals Made Ashore:** There won't be any. However, look for a bunch of RC members huddled together on MIST (thank you RC for not boating under the influence..we hope) on a mooring in the Annapolis harbor. They may decide to hoist something.

**Schedule:** Close of Registration: One minute after the last request, accompanied by the appropriate gratuity. **For those of you who are not part of the Frostbite Series and only coming out for Hangover Bowl because you're a glutton for punishment, please come to registration to sign up. Entry is gratis...free...no charge...you get the drift so just skip that part.**

**Racing begins:** Listen up at the Slippers meeting. We'll mention a few times and you can start at one of them. Hint..lucky number 13(00) might be of importance.

**Racing Ends:** This is Annapolis. Sailboat racing never ends.

**Classes, Time of Signals & Courses:** Still in a state of flux but you'll be the first, well maybe the second, heck who knows how many of you will show up we'll make sure you'll get the basics. .. Once again, listen up at the Skip'ers Meeting and we will try to give some less confusing instructions. **Being as how 4<sup>th</sup> quarter taxes are due in a couple of weeks we find ourselves a bit short so can't pay the normal complement of Race Committee so races will be started using RRS/US Appendix U, Audible-Signal Racing System, with all hails being made by VHF radio. Those of you who prefer Appendix EWE by all means..go for it.**

**Courses:** It is pizza and beer, not dinner at the Ritz!

**Starts:** As many as is necessary till you get it right.

**Starting line:** Between the orange flag on the signal boat with a bunch of RC members huddled together on a mooring in the Annapolis harbor, and an orange mark on the low rent side of the harbor hopefully in sight of the bunch of RC members huddled together on the signal on a mooring in the Annapolis harbor.

Once again- listen up at the Sk'ppers meeting.

**Course Change:** Hopefully in the near future!!

**Individual Recall:** The AYC Intelligence Committee may interrogate competitors to determine which individuals are capable of recalling events of the previous 24 hours. The good news is we have not been able to find a judge to do anything with the information.

**General Recall:** This is a naval event. We do not consult with Generals.

**Shorten Course:** Individual captains may choose to return to port at any time.

**Postponement:** Without a schedule what's to postpone?

**Finish Line:** The finishing line is between an orange placard in the middle of the least hungover members of the Race Committee huddled together at AYC's Main Clubhouse and an orange shape at the end of "A" dock at the Annapolis City Marina.

**Protests:** Oh come on people...the jury had a big night and paperwork of any kind is frowned upon. See the penalty section for possible infringement rewards.

**Time Limit:** There is none. Do not however, decide to go on a joy ride to Cantlers and then come back hours later and expect us to wait for you. Unless of course you bring the RC crabs..then by all means, take your time.

**Penalties:** The RC believes it has the ability to pardon any infraction of any rule on anyone we hold near and dear. If you do not fall into that category, we strongly suggest you break no rules!

**Scoring:** This is a family event and a recuperative period for a lot of people. Scoring (or trying to), is frowned upon.

**Safety:** Just remember, a trip to the emergency room means being treated by staff that probably were out last night as well, so be careful out there. Please wear PFDs and don't run around outside the cockpit. You must also have at least two other 100 lbs buddies on board the boat with you - the idea being any two suckers still aboard can haul an overboard crew, even hungover.

**Prizes:** Will be awarded at the Frostbite Awards party in March. The number of awards is based on what the RC can reconstruct from the scribble on the finish sheets. A special prize may be given to anyone who can convince the RC where the apostrophe really should go in "Skippers" (or not).